



Main table with columns for date, day, main dish, milk, main course, side dish, other, food groups (blood, body, heat), nutrients (energy, protein, fat, calcium, salt), and category. Includes special notices for Children's Reading Week and Bunnosaki.

端午の節句 (Bunnosaki) section with illustrations of children playing with a drum and a boat, and text about the festival.

4月23日~5月12日 「こどもの読書週間」です! (Children's Reading Week) section with a book icon and text about the reading week.

どんなお話が気になる人は、ぜひ読んでみましょう!

食事のマナーについて (About Dining Etiquette) section with text about eating manners.

ちづ鹿肉を使った献立 (Menu using Chizu Deer Meat) section with text about the deer meat menu.

レモンについて (About Lemons) section with text about lemons.

お茶について (About Tea) section with text about tea.

たけのこについて (About Bamboo Shoots) section with text about bamboo shoots.

食育の日 (Food Education Day) section with a calendar icon and text about the monthly food education day.

※材料等の都合により、献立を変更することがあります。ご了承ください。



Main table with columns for date, day, main dish, milk, main course, side dish, other, food groups, nutrients, and messages. Includes a QR code for the May newsletter.

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